

# BOULDER-LHASA SISTER CITY PROJECT

[www.boulder-tibet.org](http://www.boulder-tibet.org)

776 Cottage Lane, Boulder, Colorado 80304-0758 U.S.A.

303-443-9863

[info@boulder-tibet.org](mailto:info@boulder-tibet.org)

## Lhungtse's Checkup & Medicine 1-5 November 2022

In 2013, BLSCP raised \$19,000 to fund brain surgery for Lhungtse, whose eyesight was destroyed at age 11 by neurocysticercosis (NCC), a parasitic brain disease. The brain surgery did not restore any of her eyesight but did relieve many of her other symptoms. For the past nine years, BLSCP has funded her expenses for medical checkups and medicines. Here's the calendar of events for 2022:

- 11-1 Tenpa drove Lhungtse & her mother (Ama la) from their home in Yajiang to Chengdu.
- 11-2 Lhungtse fasted before her blood was drawn during the morning. Then Lhungtse's MRI brain scan was performed. Lhungtse's blood test results were received later.
- 11-3 Lhungtse's MRI brain scan results were received.
- 11-4 Because Dr. Zeng did not have any available time to see Lhungtse until 11-5, Ama la shopped for blankets and other items that are either more expensive or unavailable in Yajiang or Kangding.
- 11-5 **Dr. Zeng met in the morning with Lhungtse, Ama la, & Tenpa and reported good MRI brain scan and blood test results.** Tenpa returned Lhungtse & Ama la to their home in the evening.

Dr. Zeng said that Lhungtse should continue taking the same doses of her two anti-epileptic medicines (Oxcarbazepine: one 300-mg tablet, three times each day; and Clonazepam: 1 mg each night before bedtime) and return after one year for another checkup if no new medical issues arise.



**Ama la & Lhungtse  
at a restaurant in Chengdu**



**Lhungtse at home,  
just after returning from Chengdu**

I concurred with Tenpa's recommendation to have Lhungtse's tests performed in Chengdu. After their pre-travel negative COVID-19 tests, they followed COVID-19 masking requirements. Tenpa chose AVIC 363 Hospital in the Wuhou District, where Chengdu's main Tibetan population is located. The waiting times for the test results were much shorter than those at Sichuan Provincial People's Hospital in 2020 and 2021, when the travel durations were seven and nine days, respectively. They were able to enjoy some restaurant foods in Chengdu that are not available in their hometown areas.

- Thanks to 10 compassionate donors, we were able to pay for all of the expenses, which totaled 19,114 RMB. This amount is equivalent to \$2,651.89 at our exchange rate of 7.2077 RMB/\$.
- BLSCP transferred 19,114 RMB to Tenpa on 10-30.
- Tenpa did an excellent job of arranging and managing Lhungtse's checkup.
- The spreadsheet below itemizes the actual 2022 expenses:

Actual Costs for Lhungtse's Checkup & Medicine - November 2022			
	Item	Cost	Total
Travel	Vehicle	1,200 RMB/day	1,200*5=6,000 RMB
	Petrol	300 RMB/fill	300*2=600 RMB
	Toll fees	150 RMB/toll	150*2=300 RMB
	Hotels	250 RMB/room/night	250*2*4=2,000 RMB
	Meals	400 RMB/day	400*5=2,000 RMB
	Guide fees	500 RMB/day	500*5=2,500 RMB
AVIC 363 Hospital	MRI scan, blood tests, etc.		966.4 RMB
Pharmacy	Oxcarbazepine (10 cartons)	185 RMB/carton	185*10=1,850 RMB
	Oxcarbazepine (future)		2,897.6 RMB
Total			19,114 RMB